

## **Safety Tips for Kids**

I know my full name (first, middle and last) and complete address including city, state and zip code.

I know my phone number including area code and how to dial "911" and "0" for emergencies. I know that I can use any phone to call "911" and "0" without using any money.

I know my family "Secret Code Word" and know not to go with anyone, for any reason, who does not use the "Secret Code Word."

I know not to put my name on any clothing, jewelry, hats, caps, jackets, t-shirts, bikes, etc., where people can see it.

I know not to play in isolated areas or take short-cuts through dangerous or deserted areas such as creeks or vacant lots.

I know to always walk and play in groups. I always practice the "Buddy System" and that there is safety in numbers.

I know not to go door-to-door selling something without an adult with me.

I know to always let my parents or child care person know where I am going.

I know to walk on the left facing traffic so that I can see if a car stops near me.

I know to keep all doors and windows locked when I am home alone.

If I am home alone and someone knocks on the door, I know to ask, "Who is it?" without unlocking or opening any door or window. If it is not someone I am expecting, I know to say, "My mom/dad is busy and can't come to the door right now." I know to talk through the door and ask the person to come back later. If the person refuses to leave, I know to call the police. I know to never let the person inside for any reason.

If I arrive home and see that any window or door is open or broken, I should not go in. I know to go to a trusted neighbor and call "911" or "0" for Operator.

If I am home alone and the phone rings, I know to never let a stranger know I'm home alone. I know to say, "My mother/father can't come to the phone right now."

I know that it is okay to hang up the telephone if I don't like what I hear, such as strange noises, scary talk or nothing at all.

I know that there are emergency numbers to call if I'm home alone and get scared,

including how to telephone my parents and neighbors.

I know that a stranger is anyone (man or woman) who is not known by me.

I know not to go with strangers and to run away from them when approached.

I know to never accept candy, food, money or anything from a stranger.

If someone I know, a friend or a neighbor, asks me to come into his/her house or go somewhere with them, I know to ask my mom/dad first.

I know never to approach a car with strangers. If a stranger says something to me, I know not to go near the car to answer or to have them repeat the question.

I know never to help a stranger with directions, fix their car, find their lost pet or let a stranger take my picture.

I know never to hitch-hike.

If a stranger is following me, instead of hiding in bushes or behind a building, I know to go to a place where there are people and ask for help.

I know to keep at least two arms lengths away from a stranger when walking.

I know never to go with a person who says they are a police officer if they are not in uniform and are not in a marked police car. I know not to go with a stranger, even if they show a badge. I know to tell my mom/dad all strange and/or unusual events.

I know never to accept a ride from a stranger.

I know, that even though I may see and recognize certain people (like the mailman, ice cream truck driver, newspaper person, etc.), these people are considered strangers to me and I should never go with them without permission from my mom/dad.

I know the difference between a "good touch" and a "bad touch" and that certain areas of my body are very private. I know to report any "bad touches" to mom, dad, a trusted adult and the police.

I have the right not to be touched in ways that make me feel uncomfortable, the right to say "NO" and the right to get help.

I know that if an adult tells me to keep a secret, I know that it is okay to tell mom, dad or a trusted adult.

I know that I have the right to feel safe and I know who I can trust to talk to if and when I am not feeling safe.

I know to always tell my mom/dad if I am away from them and something happens that makes me feel uncomfortable.

I know to call home when I get to my friend's house, shopping, etc., and to call when I am on my way home and to always come home before dark.

I know that if I get lost in a store or shopping mall, I will go to a cashier or security person.

I know never to go alone to movie theaters, arcade game stores, public rest rooms, parks, swimming pools or school yards (after school hours).

I know that running away from home is no fun. When I am having problems, I know that I can talk to my family or a trusted adult.

I know my three rules if I find myself in a dangerous situation:

**SAY NO!**

**RUN AWAY WHILE SCREAMING HELP!**

**TELL A TRUSTED ADULT!**

I know that it is okay to say "NO" and to run and scream "Help, I'm being kidnapped!" if I feel that I am in a dangerous situation. I know that even "nice" people sometimes do mean things.

The wise owl says "I know my safety tips."